

Why Pull Together for Families

Ronald McDonald House is more than a place to stay, it's a place where families with an ill or injured child can stay supported, connected and cared for.

Our Impact

- ♥ We help more than **350 families** a year
- ♥ Families have stayed with us over **53,000 nights!**
- ♥ We have more than **350 volunteers**
- ♥ **Unlimited smiles**
- ♥ The longest running stay at Ronald McDonald House NL was **501 nights!**

Contact us!

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Recycling & Pull Tabs



What is the Pull Tab Program?

Pull tabs are an easy way to help the environment and help families at Ronald McDonald House Newfoundland and Labrador at the same time. Anyone in your family, school, business, church, or service club can join in.

What kind of pull tabs?

We will be happy to accept donations of aluminum tabs from beverage cans, fish and meat tins, soups, and cat and dog food tins. All you have to do is pull 'em and save 'em!

Do you also recycle beverage containers?

Ronald McDonald House NL accepts pull tab donations at the house. However, we cannot accept full beverage containers due to limited storage. Beverage containers can be brought to a recycling location with an existing Ronald McDonald House account and the funds can be credited to our account. Scan the QR code on the back for details and drop-off locations

What do we do with Pull Tabs?

The pull tabs are recycled for cash that goes directly to providing the programs and services for families at Ronald McDonald House. The pull tabs are a clean source of aluminum that are easy to store. Collecting pull tabs is simple and will not interfere with an already existing Recycling Program.

More than a place to stay.

Where are Pull Tabs and Beverage Containers Recycled?

We have a number of recycling locations available to help us with our fundraising efforts with accounts for Ronald McDonald House already set up.

When delivered, pull tabs are weighed, counted, and redeemed for cash. Just ask that the amount be added to Ronald McDonald House Newfoundland and Labrador account.

Scan the QR Code for more info and full list of drop off locations!



Drop off your pull tabs at Ronald McDonald House at 150 Clinch Crescent in St. John's, anytime during the hours of 9am and 9pm, seven days a week. They can easily be deposited in our Pull Tab Collection House in the main lobby. Just fill out one of our donation drop off forms near the drop off bin so we know who to thank for their kindness!



A place to Stay Strong.

Collecting pull tabs is a simple way for even the smallest child to make a big difference!

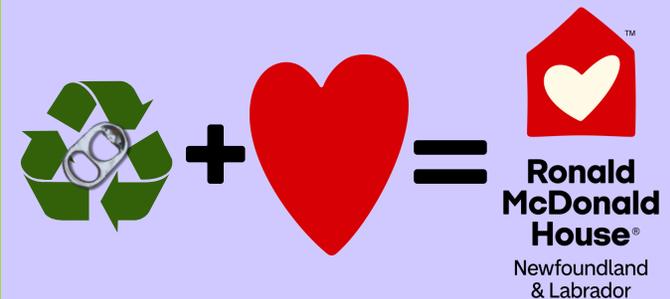
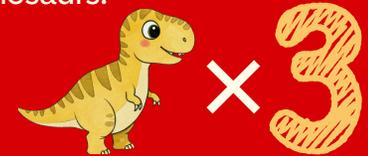
Taking care of the earth by recycling is just the tip of the iceberg. By donating your pull tabs to Ronald McDonald House, you're helping to provide a place full of comfort and support, for ill or injured children and their families during what could be the most difficult time of their lives.

FUN Facts:

It takes 1400 pull tabs to make 1 lb

Ronald McDonald House raises thousands of dollars every year from pull tabs, thanks to you!

Since opening, over 30 million pull tabs have been donated, that is almost as heavy as three T-Rex dinosaurs!



Ronald McDonald House
Newfoundland & Labrador